

# September

## Valor Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
				<ul style="list-style-type: none"> <li>• blueberry muffin</li> </ul> <p style="text-align: right;">1</p>
4	5	<ul style="list-style-type: none"> <li>• blueberry bagel &amp; cream cheese</li> </ul> <p style="text-align: right;">6</p>	<ul style="list-style-type: none"> <li>• HOT egg, cheese &amp; sausage quesadilla</li> </ul> <p style="text-align: right;">7</p>	<ul style="list-style-type: none"> <li>• corn chex &amp; mini dipperdoodle bar (DF)</li> </ul> <p style="text-align: right;">8</p>
<ul style="list-style-type: none"> <li>• cinnamon grahams &amp; string cheese</li> </ul> <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> <li>• HOT buttermilk pancakes</li> </ul> <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> <li>• french toast muffin</li> </ul> <p style="text-align: right;">13</p>	<ul style="list-style-type: none"> <li>• NEW HOT cheddar cheese &amp; omelet gordita</li> </ul> <p style="text-align: right;">14</p>	<ul style="list-style-type: none"> <li>• cinnamon crumble</li> </ul> <p style="text-align: right;">15</p>
<ul style="list-style-type: none"> <li>• cheerios &amp; mini dipperdoodle bar (DF)</li> </ul> <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> <li>• HOT cheesy omelet</li> </ul> <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> <li>• cinnamon grahams &amp; string cheese</li> </ul> <p style="text-align: right;">20</p>	<ul style="list-style-type: none"> <li>• HOT french toast sticks</li> </ul> <p style="text-align: right;">21</p>	<ul style="list-style-type: none"> <li>• corn chex &amp; mini dipperdoodle bar (DF)</li> </ul> <p style="text-align: right;">22</p>
<ul style="list-style-type: none"> <li>• snow flurries cereal &amp; zac attack apple bar (DF)</li> </ul> <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> <li>• HOT cheesy omelet</li> </ul> <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> <li>• multigrain cheerios &amp; zac attack strawberry bar (DF)</li> </ul> <p style="text-align: right;">27</p>	<ul style="list-style-type: none"> <li>• HOT cinnamon toast bagel</li> </ul> <p style="text-align: right;">28</p>	<ul style="list-style-type: none"> <li>• lemon muffin</li> </ul> <p style="text-align: right;">29</p>

### What's New?

Be sure to try our new Breakfast Gordita on 9/14!

Our French Toast Sticks are now available all on their own (without the omelet) on 9/21!

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

*This institution is an equal opportunity provider*

